**ALAMEDA COUNTY 4-H ALL STAR APPLICATION**

January 26, 2016

TO ALL POTENTIAL 4-H ALL STAR CANDIDATES:

Would you like to be of service to a broader 4-H audience? Do you have leadership skills which you would like to share with other 4-H members? Perhaps you should consider becoming an Alameda County 4-H All Star! Please review this packet and do call me if you have any questions.

In order to become an Alameda County 4-H All Star, the requirements are:

* Need to hold the 4-H rank of Gold or Platinum Star or receiving in June (Talk to me now or ask your Community Club Leader to write a letter explaining your status.)
* Currently in at least your 4th year in 4-H
* Currently 15 years old by December 31, 2015
* Must attend State 4-H Leadership Conference in the year of selection with other team members
* Applicant and legal guardian must agree to expectations
* Be prepared to serve on the team for 18 months (May of current year through October of the following calendar year).
* Complete application, submit record book, complete interview and speech.

The attached application for the 2016/2017 All Star Team is due to the 4-H Office by April 1, 2016 (4:00 PM)

Cheryl Fraser, Program Representative Alameda County 4-H Office

224 West Winton Avenue, #134

Hayward, California 94544

Questions:

E-mail: [cyfraser@ucanr.edu](mailto:cyfraser@ucanr.edu)

Phone: 510/205-9074

ALAMEDA COUNTY 4-H ALL STAR APPLICATION FORM

Name:

Home Address:

City/Zip:

Telephone - Home: ( )

Cell: ( )

|  |  |  |
| --- | --- | --- |
| E-mail address: | Please circle your gender: MALE | FEMALE |
| 4-H Club: | Years in 4-H Program: |  |
| Date of birth: | Current age: |  |

Current school: Current year in school:\_

List your major 4-H projects during your 4-H career: (May be continued on reverse side or attachment)

Name of Project Years involved Project Leader

I have read all of the information included within this All Star application packet and all information is attached as requested. The applicant, parent or legal guardian, and community club leader agree to the requirements for participation.

Applicant signature: Date:\_

Parent or Legal Guardian:\_ Date:\_

Community Club Leader: Date:\_

***Return to: Cheryl Fraser, Alameda County 4-H Office***

***224 West Winton Avenue, #134***

***Hayward, California 94544***

***By April 1, 2016 (4:00 PM)***

# THE ALL STAR APPLICATION INCLUDES:

The 5 items shown below constitute your All Star application and should be submitted by 4:00 PM on April 1st, 2016. Deliver to the Alameda County 4-H Office by mail or in person. Late or incomplete applications cannot be accepted.

* Three letters of recommendation (Mailed directly to the 4-H Office by 4-1-2016 from:

One letter from a 4-H volunteer leader not related to candidate.

One letter from an unrelated adult (not a relative) from outside of 4-H Program.

One letter from a peer of the applicant under the age of 18.

* Record Book (Bring with applicant to the night of interviews):

Containing all *signed* records through March 31st of current year which includes the following:

* + Personal Development Record (PDR) for each year of membership.
  + 4-H Annual Project Report for each project applicant is currently taking.
  + Leadership project plan and report for project/s led.
  + All signatures from project leaders and community club leader.
  + Record Book should be assembled with the current year on top and the projects in alphabetical order after the PDR.
* Your 4-H personal information sheet. (Page 2 of this packet)
* The 2 essay questions on the page seven of these materials.
* A n autobiogr aphy or stor y entitled “My 4-H stor y”. This should be approximately 1,000 to 1,500 words in length and double spaced.

For ease of reading, it is preferred to be computer printed or in ink if hand-written. It should highlight your growth within your 4-H life as well as your growth in the community and clipped to the inside of

the front cover of the record book.

A page which separates each year from the next with a tab showing the year can make your record book much easier to read. If you have submitted materials to the State Record Book Judging, in the past, that form also becomes a permanent section of your record book (in the year submitted).

# ALL STAR SELECTION PROCESS:

Phase 1 – Application process

All candidates applying for the All Star rank will experience the following:

* All Star application information sheet and All Star application form
* Member 4-H autobiographical story
* Submission of record book with all records complete with project leaders signature through March.
* Interview (mid-April).

Phase 2 – All Star Speech

Once the candidate has received notification of acceptance to the speech:

Prepare All Star speech to be presented at 4-H Leader Council on the last Tuesday of April or other event depending on the number of applicants. More details later.

The topic of the speech must be on one of the following topics:

1. Leadership
2. Youth/Adult Partnerships
3. Service Learning Projects

The speech should be under ten minutes. Remember to keep it positive.

Phase 3:

Once your team is selected, you will begin to develop plans and, along with the Leaders’ Council Executive Board, will select 2 advisors. One will be over 25 years of age and meet the State 4-H chaperon requirements and an adult leader under 25 years of age. No parent of a current team member is eligible to become an advisor. Advisor applicants will be pre-screened by the Executive Board of Leaders’ Council. Advisors serve for one year terms, but may be reappointed by the incoming team members. The final selection of the advisors will be made by the incoming team.

# ALL STAR PROGRAM EXPECTATIONS:

All Star is the highest of the County 4-H star rank system. All Star is a “working award”. It provides the All Star Team an opportunity to focus attention on the following objectives:

Informational outreach

Active with the various clubs

Program development

Sectional representation of the county

Educational program delivery

State level participation on committee and outreach

Opportunities for social interaction and team building at county,

sectional, and state levels

18 month commitment for youth (May of the current year through

October of the following calendar year)

**MINIMUM REQUIREMENTS TO BECOME AN ALL STAR**:

The All Star rank requires leadership, initiative, community concern and commitment. Your leadership, communication and organizational skills will be enhanced through involvement in the most important events in the county, section, and state levels. Requirements include:

* Be at least 15 years of age before December 31, 2015.
* Currently enrolled in the 4th year of a 4-H Club.
* Currently hold the Gold or Platinum Star Rank.

o Exception at time of application can be made if the gold star rank requirements have already been completed and the rank will be awarded prior to June of current year. If time extension is utilized, a letter from your Community Club Leader should be attached as a part of this application stating that the applicant has completed all requirements and will be awarded the gold star by June of the current year.

# RESPONSIBILITIES OF ALL STAR:

* Develop an “action Plan” with Team along with selected advisors for year of All Star Team leadership consistent with program expectations. The Plan will then be submitted to 4-H Leader Council (preferably by the May Leaders Council meeting.
* Attend monthly All Star meetings and 4-H Leader Council meetings
* Attend State 4-H Leadership Conference in the year selection.

# PUBLIC SPEECH:

Candidates will present their All Star speech at the April Leader Council meeting on the last Tuesday of April (or other event depending on the number of applicants) to all in attendance.

The topic will be on leadership, youth/adult partnerships, or service learning projects. You are encouraged to research and use the elements of public speaking to your advantage. Cards are allowed and practice is very important to your delivery. The judges will be using the public speaking rubric from the Presentation Day packet.

It is suggested that time and practice be included in your personal schedule for your most professional delivery. Note cards are allowed, however, do not read your speech. You may wish to practice your delivery at a mirror or in front of family and friends. You could also video yourself in order to evaluate your gestures, vocabulary and continuity.

The use of visual aids is allowed along with your public speech. While visual aids are in no way mandatory, they can be effective for some people. Do not read a PowerPoint presentation.

# ESSAY QUESTIONS:

Please complete at least a paragraph about the following topics. This can be completed on an attached sheet of paper.

#1 – What are you going to bring to the All Star program?

#2 – What do you expect the All Star program to do for you?

Alameda County 4-H

All Star Letter of Recommendation

Please complete the following letter of recommendation for:

Name of Applicant: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

When completed, mail the recommendation for receipt by April 1, 2015, directly to:

Cheryl Fraser, Program Representative

Alameda County 4-H Office

224 West Winton Avenue, #134

Hayward, California 94544

Your Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Title: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How do you know the applicant: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How long have you known the applicant: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Circle the words that best reflect your opinions of the applicant in each area.

Connection

Does the applicant make positive bonds with people and institutions?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Confidence

Does the applicant exhibit an internal sense of overall positive self-worth and self-efficacy?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Caring

Does the applicant show a sense of sympathy and empathy for others?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Competence

Do you have a positive view of the applicant’s actions in interpersonal skills, school performance, decision making, nutrition and exercise, and work habits and exploration of career options?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Character

Does the applicant show respect for societal and cultural norms?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Does the applicant show possession of standards for correct behavior?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Does the applicant show a sense of right from wrong (morality) and integrity?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Contribution

Does the applicant make a contribution to self, family, community, and the institutions of a civil society?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Comments: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_