

ALAMEDA COUNTY 4-H ALL STAR/COUNTY AMBASSADOR APPLICATION

November 2018

TO ALL ALAMEDA COUNTY 4-H ALL STAR/COUNTY AMBASSADOR CANDIDATES:

Do you have leadership skills which you would like to share with other 4-H members? Would you like to be of service to a broader 4-H audience? Perhaps you should consider becoming an Alameda County 4-H All Star! Please review this packet and call me if you have any questions.

In order to become an Alameda County 4-H All Star, the requirements are:

- Need to hold the 4-H rank of Gold or equivalent*
- Currently in at least your 2nd year in 4-H
 - Currently 14 years old by December 31, 2018
 - Ability to attend State 4-H Leadership Conference at least once during your All Star term (Coming summer or the following summer)
 - Applicant and legal guardian must agree to expectations
 - Be prepared to serve on the team for 18 months (May of current year through October of the following calendar year).
- Complete application.

*See Page 3 for list of alternate requirements

The attached application for the 2019/2020 All Star Team is due to the 4-H Office by April 1, 2019 (5:00 PM)

Cheryl Fraser, Program Representative
Alameda County 4-H Office
224 West Winton Avenue, #134
Hayward, California 94544

E-mail: cyfraser@ucanr.edu

Phone: 510/670-5639

ALAMEDA COUNTY 4-H ALL STAR/COUNTY AMBASSADOR APPLICATION FORM

Name:

Home Address:

City/Zip:

Telephone - Home: () _____

Cell: () _____

E-mail address:

Please circle your gender: MALE FEMALE

4-H Club:

Years in 4-H Program:

Date of birth:

Current age:

Current school:

Current year in school: _____

List your **major** 4-H projects during your 4-H career: (May be continued on reverse side or attachment)

Name of Project

Years involved

Project Leader

I have read all of the information included within this All Star application packet and all information is attached as requested. The applicant, parent or legal guardian, and community club leader agree to the requirements for participation.

Applicant signature: _____ Date: _____

Parent or Legal Guardian: _____ Date: _____

Community Club Leader: _____ Date: _____

Return to: Cheryl Fraser, Alameda County 4-H Office

224 West Winton Avenue, #134

Hayward, California 94544

By April 1, 2019(5:00 PM)

THE ALL STAR/COUNTY AMBASSADOR APPLICATION INCLUDES:

The 5 items shown below constitute your All Star application and are to be submitted by 5:00 PM on April 1, 2019. Deliver, mail or email to the Alameda County 4-H Office. Late or incomplete applications cannot be accepted.

1. Three letters of recommendation (Please use attached form)
 - One letter from a 4-H volunteer leader not related to candidate.
 - One letter from an unrelated adult (not a relative) from outside of 4-H Program (examples: coach, teacher, pastor).
 - One letter from a peer of the applicant 18 years old or younger.
2. All Star Application (Included in this packet)
3. Answer the 2 essay questions included in these materials.
4. An Autobiographical (or My 4-H) Story
 - It should highlight your growth within your 4-H life as well as your growth in the community. See attached blank "My 4-H Story"
 - This should be approximately 1,000 to 1,500 words in length and double-spaced. For ease of reading, it is preferred to be computer printed or in ink if hand-written.
5. Select Record Book or Alternate documents (see attached blank documents)
 - Documentation that the Applicant has demonstrated leadership experience and skills. This can be met by either
 - **Star Rank Page** of PDR, **recently reviewed, approved, signed and dated by Club Leader OR**
 - **Documentation of Alternate Requirements***
 - Resume

*Minimum Alternate Requirements

- a) Mastery of a project as demonstrated by at least 6 hours of instruction, documented by a statement of skills
- b) 40 hours of significant leadership roles, either inside or outside of 4-H, with at least 10 hours of leadership contributed to 4-H
- c) 30 hours of citizenship and/or community service, either inside or outside of 4-H, with at least 6 hours through 4-H
- d) 10 public speaking engagements, at least 2 of which must have been given at a 4-H event
- e) Demonstrate involvement in 4-H as evidenced by a list of activities that are a combination of 15 of the following: project skill activities, 4-H events attended, and honors/recognition. Definitions for these three categories are found in the Record Book Manual under the section describing the Personal Development Report (PDR). Completing a PDR is not an application requirement for 4-H All Star/County Ambassador.

ALAMEDA COUNTY 4-H ALL STAR/COUNTY AMBASSADOR SELECTION PROCESS

Phase 1 – Application process

All candidates applying for the All Star rank will submit the following by Monday, April 1, 2019, 5pm:

- All Star application form
- Essay questions
 - Member 4-H autobiographical story
- Select Record book Documents

Phase 2 – Interview Process(mid-April).

All candidates completing Phase 1 of the application process will be invited to a group session to include an individual interview:

- Group activity resulting in a collaborative presentation
- Individual interview with three evaluators
- Wrap-up session with information on the remainder of the process

Phase 3- All Star Speech

If the candidate is selected to proceed for the final selection process he/she will be notified of acceptance to this phase:

Prepare All Star speech to be presented at 4-H Leader Council on the last Tuesday of April or other event depending on the number of applicants. More details later.

The topic of the speech must be on one of the following topics:

- i. Leadership
- ii. Youth/Adult Partnerships
- iii. Service Learning Projects

The speech should be under ten minutes. Remember to keep it positive.

Public Speech:

Candidates will present their All Star Speech at the April Leader Council meeting on the last Tuesday of April (or other event depending on the number of applicants) to all in attendance. The topic will be on leadership, youth/adult partnerships, or service learning projects. You are encouraged to research and use the elements of public speaking to your advantage. Cards are allowed and practice is very important to your delivery. The judges will be using evaluation criteria similar to that found in the Presentation Day Manual.

Though note cards are allowed it is not recommended that you read your speech. The use of visual aids is allowed along with your public speech. While visual aids are in no way mandatory, they can be effective for some people.

ALL STAR PROGRAM EXPECTATIONS:

All Star is the highest of the County 4-H star rank system. All Star is a “working award”. It provides the All Star Team an opportunity to focus attention on leadership roles. The following are expectations from the team

- Participation in informational outreach
- Active within the county 4-H program
- Develop educational programs for county and multi-county delivery
- Pursue State and Area level participation on committee and outreach
- Participate in opportunities for social interaction and team building at county, sectional, and state levels
- 18 month commitment for youth (May of the current year through October of the following calendar year)

MINIMUM REQUIREMENTS TO BECOME AN ALL STAR:

The All Star rank requires leadership, initiative, community concern and commitment. Your leadership, communication and organizational skills will be enhanced through involvement in the most important events in the county, section, and state levels. Requirements include:

- Be at least 14 years of age before December 31, 2018.
- Currently enrolled in the 2nd year of 4-H.
- Currently hold a Gold Star or equivalent as outlined by the State 4-H Program.

RESPONSIBILITIES OF ALL STAR:

- Develop an “action Plan” with Team along with selected advisors for year of All Star Team leadership consistent with program expectations. The Plan will then be submitted to 4-H Leader Council (preferably by the May Leaders Council meeting).
- Attend monthly All Star meetings and 4-H Leader Council meetings
- Attend State 4-H Leadership Conference during the All Star term.

NEXT STEPS:

Once the selection process is complete the candidates will be notified. The team will begin to develop plans and, along with the Leaders’ Council Executive Board, will select 2 advisors. One will be over 25 years of age and meet the State 4-H chaperone requirements. The second will be an adult leader at least 18 years of age. No parent of a current team member is eligible to become an advisor. Advisor applicants will be pre-screened by the Executive Board of Leaders’ Council. In cases when the county has less than 4 County Ambassadors, one advisor may be acceptable if another adult is present at all meetings, events and activities. Advisors serve for one 18-month term, but may be reappointed by the incoming team members. The final selection of the advisors will be made by the incoming team.

ESSAY QUESTIONS:

Please complete at least a paragraph about the following topics. This should be completed on an attached sheet of paper.

#1 – What are you going to bring to the All Star/County Ambassador program?

#2 – What do you expect the All Star/County Ambassador program to do for you?

Alameda County 4-H
All Star/County Ambassador Letter of Recommendation

Please complete the following letter of recommendation for:

Name of Applicant: _____

When completed, mail the recommendation for receipt by April 1, 2019, directly to:

Cheryl Fraser, Program Representative
Alameda County 4-H Office
224 West Winton Avenue, #134
Hayward, California 94544

Your Name: _____

Title: _____

In what capacity do you know the applicant:

How long have you known the applicant: _____

Circle the words that best reflect your opinions of the applicant in each area.

Connection

Does the applicant make positive bonds with people and institutions?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Confidence

Does the applicant exhibit an internal sense of overall positive self-worth and self-efficacy?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Caring

Does the applicant show a sense of sympathy and empathy for others?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Competence

Do you have a positive view of the applicant's actions in interpersonal skills, school performance, decision making, nutrition and exercise, and work habits and exploration of career options?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Character

Does the applicant show respect for societal and cultural norms?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Does the applicant show possession of standards for correct behavior?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Does the applicant show a sense of right from wrong (morality) and integrity?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Contribution

Does the applicant make a contribution to self, family, community, and the institutions of a civil society?

Strongly Agree Agree No Opinion Disagree Strongly Disagree

Comments (If further room is necessary, please attach additional documents as needed):

Star Ranking

Record what you accomplished during the year. To qualify for any of the achievement rank awards, you must attend 80 percent of both the local club and the project meetings held during the year. To obtain any of the ranks, you must complete the asterisked (*) categories as a part of your total effort.

Bronze Star: Complete at least 5 of the 8 categories listed.

Silver Star: Complete at least 6 of the 8 categories listed.

Gold Star: Complete at least 7 of the 8 categories listed.

Platinum Star: Complete at least 7 of the 8 categories listed.

Star Ranks are designed to encourage members to participate in a wide variety of activities over a number of years. The bronze, silver, gold, and platinum stars build on past achievements.

Categories of Participation <i>Transfer credits from previous years to the column headed "Total From Past Years."</i>	Total Past Years	Total This Year	Total All Years	Number of Different Categories Required			
				Bronze 5 Required	Silver 6 Required	Gold 7 Required	Platinum 7 Required
1. Projects Completed				2*	4*	8*	12*
2. Project Skill Activities				4	8	15	20
3. Events Attended				12	25	40	60
4. Leadership Development				10	20	30*	40*
Significant Leadership Role (requiring 20 hrs. or more of work)				(0)	(0)	(2*)	(4*)
5. Citizenship & Community Service				10	20*	30*	40*
6. Communication Skills				12*	24*	36*	48*
4-H Presentations				(4*)	(7*)	(10*)	(15*)
7. Honors and Recognition				5	10	15	20
8. Healthy Lifestyle Activities				10	20	30	40

* Required for Star Rank

Numbers contained within parenthesis are included in the total category number (not an extra requirement).

Star Rank

4-H Member must be currently enrolled in the 4-H Youth Development Program.

Present Rank: None Bronze Silver Gold Platinum

Rank Applying for: None Bronze Silver Gold Platinum

Approved Not Approved

4-H Club/Unit Leader's Signature

Date

4-H Resume

Completed by senior members only

First Name Last Name

Address, City, CA 9#### | (###) ### - #### | emailaddress@gmail.com

Personal Development Statement

One to three sentences that describe what you stand for and what you aspire to become as a human being. It is not a statement of what you want to do, but rather how you want to be in the world.

Education and Professional Development

Name of School Highest Year Completed to Date

Additional Course Work, Name of School or Organization

Leadership Skills

Position Title, Group or Program, Month/Year Started – Month/Year Completed

Short description of what you did. Explanation of what you learned or skills you developed.

Citizenship Skills

Position Title, Group or Program, Month/Year Started – Month/Year Completed

Short description of what you did. Explanation of what you learned or skills you developed.

Other Skills

These can include instruments, dance, sports, or other hobbies you have spent a significant amount of time perfecting.

Certificates & Honors

- List name of certificates and who issued it