



Volume 1 | Issue 10
Alameda County
4-H
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4-H Blast Alameda County

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State Exchange Project



4-H State Exchange Project

State Exchange is looking for new members for the 2017-2018 year from Alameda and Contra Costa County 4-H Clubs. It is a county project that allows members to interact with 4-Hers from other states. It is a great opportunity for the members to see how other 4-H communities thrive. See another state and get a chance to host that state right here in California. The members build life time friendships. Age requirements for the project are 12 years old and up. Most funds needed to travel and host are raised through fundraising events. And families must be able to host a visiting member for a week. It is a two year commitment for the project. As we travel one year then host the next. Please call either Selma Michael 510-517-2346 or Marnie Hascall 925-788-4812,

Become a Shooting Sports Leader



4-H Shooting Sports

Learn By Doing

4-H Shooting Sports Workshops

If you have an interest in sharing your Shooting Sports skills with youth, how about becoming a 4-H Shooting Sports adult volunteer or teen leader? There will be a variety of 4-H Shooting Sports leader certification trainings offered this fall. The classes will be held over a Saturday and Sunday weekend format at the Safety First Shooting Association, River Oaks Range, 11584 Shaffer Rd, Winton, in Merced County (center state). This class is being hosted by Merced County 4-H. You must become a 4-H leader or member and attend both days to receive certification to lead the shooting sports discipline of your choice at the project, club and camp levels. The course will include a PowerPoint lecture, review of equipment, practice shooting and teaching, and a written test. The cost is \$35 per person to include a resource binder, with Saturday and Sunday lite breakfast refreshments. Please bring your own lunch to the class. Junior and teen leaders are invited but must attend with an adult or have a certified shooting sports adult leader they will be assisting back home. Driving directions to the facility are at <http://www.safetyfirstshooting.org/html/directions.html>. Tent or Dry RV camping is an option. Numerous hotels are available in the area, contact Dave below for more info if needed.

To register, please complete and mail the "CA 4-H Shooting Sports Training Request and Registration Form" available at <http://4h.ucanr.edu/files/4785.pdf> with an adult <http://4h.ucanr.edu/files/20100.pdf> or youth <http://4h.ucanr.edu/files/4726.pdf> 4-H medical release form and a \$35 check payable to "Merced County 4-H Council" and mail to UCCE, 2145 Wardrobe Ave, Merced, 95341. Registration is due Friday the week before your class (7 days prior), **Space is limited to 20 attendees.** For more information call Dave at 209-614-1718 or Darlene McIntyre at [209-385-7418](tel:209-385-7418) or email her at dlmcintyre@ucanr.edu.

Archery – Sept 9 & 10th

Archery – Dec 9 & 10th

Pistol – Sept 16 & 17th

Pistol – Dec 9 & 10th

Western Heritage – Oct 7 & 8th

Western Heritage – Jan 6 & 7th

Muzzle Loading – Oct 15 & 16th

Muzzle Loading – Jan 13 & 14th

Rifle – Nov 18 & 19th

Shotgun – Nov 18 & 19th

Casting Call for Food Network Show



Kids Baking Championship is casting

Blair Franklin, Casting Producer for a Food Network show called “Kids Baking Championship” is currently casting ages 8-13 for Season 4 of the show.

It's a super fun show hosted by and Valerie Bertinelli where kid bakers compete in a series of baking challenges for the chance to win an amazing cash prize. The show is seeking talented kids with the ability to bake a variety of different desserts.

If you have any questions, please contact Blair at bfranklin@sonicdog.com or Anne Iaccopucci at amiaccopucci@ucanr.edu

Check out the show:

<http://www.foodnetwork.com/shows/kids-baking-championship>

Apply:

<https://bakingchampionshipcasting.castingcrane.com/>

Thank you,
Anne Iaccopucci
State 4-H Healthy Living Academic Coordinator



MINDFULNESS RETREAT

[Register Here](#)

Remember Alameda County 4-H will provide a 50% registration fee scholarship for every 4-H teen and adult that attends. Adults will receive a 100% scholarship attending the conference as a chaperon.

Reimbursement will be made when the delegates return from the conference.



California 4-H presents

MINDFULNESS RETREAT

NOVEMBER 3-5, 2017
CAMP OCEAN PINES
CAMBRIA, CA

\$175 to attend

Register by September 1, 2017

<https://ucanr.edu/survey/survey.cfm?surveynumber=21346>

Teens ages 13- 19 and adults are welcome to spend the weekend at beautiful Camp Ocean Pines developing their health and well-being. Teens will not only increase their personal skills in leading a healthy lifestyle, but will also gain skills needed to be a health advocate in their communities.

For more information contact
Anne Iaccopucci
(amiaccopucci@ucanr.edu)
or Jenna Colburn
(jcolburn@ucanr.edu)

The mindfulness retreat will address:



University of California

Agriculture and Natural Resources ■ 4-H Youth Development Program



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Jane Goodall in San Francisco Oct 11th, - 4-Hers are invited!

Heads up - Roots&Shoots is having a celebration on October 11th in San Francisco for the Institute's 40th anniversary. A save the date card is below. Help get the word out to any educators you know in the Bay Area who may be interested in attending? Jane will be there and students will have a chance to present their projects to her. The institute would love to have some GIS projects there. Do you know a 4-Her who would want to take part?



SAVE THE DATE

**ROOTS & SHOOTS
CELEBRATION OF SERVICE**
*in honor of Tomorrow & Beyond
40 years of the Jane Goodall Institute*

WEDNESDAY, OCTOBER 11, 2017
San Francisco Bay Area
10:30 a.m. - 1:30 p.m.

Day to include talk by Dr. Jane Goodall, project displays from area Roots & Shoots groups, service fair with some of the Jane Goodall Institute's community collaborators, global connections with Roots & Shoots groups in Africa via Skype and music.

To express an interest in attending with your Roots & Shoots group, sign up [here](#) and for questions email, rootsandshoots@janegoodall.org.

**TOMORROW &
BEYOND**
40 Years of the
Jane Goodall Institute



Save the Date

Western Regional Leaders Forum

March 1-4, 2018 in San Diego, CA

"Waves of Change"

This is fondly known as WRLF. This conference was started in California in 1966 as a staff and volunteer joint effort and now some fifteen years later it is still going strong! This conference is a three-day leadership opportunity for county staff and volunteers to share skills and knowledge. The conference is held during the first week of March or the last week in February. One of the thirteen 13 Western States hosts the conference.

This multi-state, educational "volunteer forum" is held every year, hosted by a different state in the western region of the United States (including Alaska and Hawaii). This learning opportunity includes great speakers, skill-building workshops, time to exchange tons of ideas and make new friends, and entertainment just for fun! Teen 4-H volunteers are welcome too.

The 2018 forum will be hosted by California. The location is the [Crowne Plaza](#) 2270 Hotel Circle N, San Diego, California 92108.

California 4-H State News

California 4-H Update Newsletter

The latest **California 4-H Update**: [August 2017 Update](#)
Subscribe to receive the California 4-H Update, our monthly newsletter!
Stay informed on upcoming events and opportunities for 4-H'ers and volunteers.

Subscribe today!

The newsletter is emailed once a month to 4-H members, volunteers and supporters. Members and volunteers can choose to subscribe when they enroll.

If you have questions about the newsletter, please contact Darlene Ruiz at ca4h@ucanr.edu or 530-750-1334.

**4-H Bay Coast
Area for
July and August**

[View this email in your browser](#)

**Last chance to register!
Citizenship Weekend 2017**



Citizenship Weekend is a citizenship conference open to 4-H members ages 12

and up. Enrollment in a Citizenship project is NOT required to attend. We will be participating in various aspects of citizenship, including government, history and community service*:

- A mock trial with a real, practicing lawyer;
- Fun group outdoor community service opportunity;
- Citizenship Workshops

Citizenship Weekend 2017 will be located at Walden West Science Center, Saratoga, on September 22-24.

Normal Registration has closed- Late Registration is now open. For questions or concerns, contact Barbara Butko at barb.butko@gmail.com.

[Registration/More Information](#)

Bay Coast Area Calendar
2017-2018
(Subject to Updates)

September 1st: The 4-H Games
Team Leader Sign Up Deadline

September 22-24: Citizenship
Weekend

September 30: ABC Share

September 30: The 4-H Games

November: Citizenship Weekend
Staff Applications Out

January: Citizenship Weekend Staff
Applications Close

January TBD: Bay Coast Youth
Summit

February: Bay Coast Youth Summit

**Bay Coast Area Program
Development Committee
2017-2018**



Kari McMann, Alameda County
Barbara Butko, Alameda County
Alex Matthews, Marin County
Julia Bell, Monterey County

Apps Out

March TBD: BCA Presentation Day -
South

April: Bay Coast Youth Summit
Apps Close

April TBD: BCA Presentation Day -
North

May 31st: Deadline to Apply to Bay
Coast Area Committee

Click to download the PDF
version of the
September/August BCA
Update. Please share with
your county management
groups, clubs, projects, etc.!

Payton Yeo, Napa County

Allyson Butler, San Benito County

Jody Birks, San Luis Obispo County

Andres Raddavero, San Mateo
County

Heather Sutherland, San Mateo
County

Roy McNamara, Santa Barbara
County

Ethan Ho, Santa Clara County

Robin Turnquist, Santa Cruz County

Caroline Hampton, Sonoma County

Interested in joining the team?
Sign up here!



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MailChimp

BAY COAST AREA UPDATE

July

The 4-H Games- Sep. 30th, 10 AM-3PM

Monterey County Fairgrounds

A fun day of team building and competition. Come take part in obstacle courses, scavenger hunts, and more while meeting other youth from the area!

RSVP:

<https://goo.gl/forms/1fxYFsuHPlwVjARy2>

Sign up to be a Team Leader

<https://goo.gl/forms/C8EyEN0es36Fmb8J3>

Citizenship Weekend

Join us for a weekend of service and fun! Citizenship Weekend 2017 will take place at Walden West Science Center in Saratoga.

\$170 Early Bird through July 1, 2017
\$185 July 2 through August 15th, 2017
\$200 August 2nd, 2017 or later as space permits

<http://ucanr.edu/survey/survey.cfm?surveynumber=15401>

Contact Barbara Butko at
barb.butko@gmail.com for more information.

ABC Share- Sep. 30th, 10 AM-3PM Monterey County Fairgrounds

An event just for our adult leaders! Come learn about best practices, resources, how to engage teen leaders, and what's happening in the Bay Coast Area! RSVP at <https://goo.gl/forms/hFz9ZwGUflnVuuU2>



Save the Date!

August 15th- Citizenship

Weekend Registration Closes

September 1st- The 4-H Games

Team Leader Sign-Up Deadline

September 22nd-24th Citizenship Weekend

September 30th- ABC Share

September 30th- The 4-H Games



University of California

Agriculture and Natural Resources

4-H Youth Development Program

CONTACT ME AT
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Inquiries regarding ANR's nondiscrimination policies may be directed to John I. Sims, Affirmative Action Compliance Officer/Title IX Officer, University of California, Agriculture and Natural Resources, 2801 Second Street, Davis, CA 95618, (530) 750-1397.