



## Alameda County 4-H Primary Completion Form

Name: \_\_\_\_\_ Primary Years in 4-H: \_\_\_\_\_  
 Birth Date: \_\_\_\_\_ Age on December 31 (of the current program year): \_\_\_\_\_  
 Name of 4-H Club/Unit: \_\_\_\_\_ Program Year: 20\_\_ -20\_\_  
 Best Contact: \_\_\_\_\_

**I have personally prepared this report and believe it to be correct.**

Member's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

4-H Community Club/Unit Leader's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### 4-H Primary Year Completion

The goal of the Alameda County Primary Year Completion is to allow Primary 4-H Members (those 5-8 years old) to get credit for completing a years worth of activities. The various pins are set up so the first are the easiest to accomplish. 5 and 6 year old members should complete only one section each year. Seven and 8 year old members can complete more than one section to receive pins they have not already received.



The clover pins sections are set up to be completed in order: Head, Heart, Hands and then Health. Only one pin total per section may be earned by any 4-H member.



#### Pins Previously Earned

- Head
- Heart
- Hands
- Health

#### Pins Earned Current Year

- Head
- Heart
- Hands
- Health

### Participation

4-H Member must be currently enrolled in the 4-H Youth Development Program in good standings. To qualify for a Completion Pin, you must attend a minimum of 80 percent for both the local club community meeting and the project meetings held during the year.

#### 1. Head

- Attended 8 of ten Club Meetings during current year. \_\_\_\_\_
- Attended 80% of the following TWO 4-H Projects
  - \_\_\_\_\_
  - \_\_\_\_\_
- Public Speaking (Ex.: Led Pledge or Salute at Club Meeting, Participated in Project Report at Club Meeting)
  - Activity \_\_\_\_\_, Date \_\_\_\_\_
  - Activity \_\_\_\_\_, Date \_\_\_\_\_

#### 2. Heart

- Attended 8 of ten Club Meetings during current year. \_\_\_\_\_
- Attended 80% of the following 4-H Project
  - \_\_\_\_\_
  - \_\_\_\_\_
- Community Service: Participated in the following TWO Community Service Activities
  - Activity \_\_\_\_\_, Date \_\_\_\_\_
  - Activity \_\_\_\_\_, Date \_\_\_\_\_
- 4-H Letter/Recipe You have an option of doing a 4-H letter to your friend describing what you did in 4-H this year or Making a recipe on how to have a good year in 4-H. Write out here or attach your paper to this form

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

#### 3. Hands

- Attended 8 of ten Club Meetings during current year. \_\_\_\_\_
- Attended 80% of the following 4-H Project (s)
  - \_\_\_\_\_  \_\_\_\_\_
- Project Exhibits: Exhibited 4-H Project items at the following non-evaluated shows or events this program year
  - Exhibited \_\_\_\_\_ Location/Event \_\_\_\_\_, Date \_\_\_\_\_
  - Exhibited \_\_\_\_\_ Location/Event \_\_\_\_\_, Date \_\_\_\_\_
  - Exhibited \_\_\_\_\_ Location/Event \_\_\_\_\_, Date \_\_\_\_\_
- 4-H Events: Attend TWO County, Area or State Events
  - Event \_\_\_\_\_ Location \_\_\_\_\_, Date \_\_\_\_\_
  - Event \_\_\_\_\_ Location \_\_\_\_\_, Date \_\_\_\_\_

\_\_\_\_\_

**4. Health**

- Attended 8 of ten Club Meetings during current year. \_\_\_\_\_
- Attended 80% of the following 4-H Project (s)
  - \_\_\_\_\_  \_\_\_\_\_
- Healthy Living Activity : Participate or lead TWO Healthy Living Activities at a 4-H club or project meeting or a county 4-H event**
  - Physical Activity:** \_\_\_\_\_
    - Location/Event \_\_\_\_\_, Date \_\_\_\_\_
  - Healthy Food/Eating Activity** \_\_\_\_\_
    - Location/Event \_\_\_\_\_, Date \_\_\_\_\_
- Healthy Living Reflection: 4-H improves my lifestyle by: (attach additional page if needed)**  
\_\_\_\_\_  
\_\_\_\_\_